

## Amṛtabindu-upaniṣad

### Sample Questionnaire

Choose the most appropriate answer. Mark only one.

Marks 1 (1\*1)

1. The root cause of moha is:

- Kāma
- Saṅkalpa
- Krodha
- Lobha
- Mātsarya

State True or False (T/F)

Marks 1 (1\*1)

1. The main intention of all the yogic practices is to show the mind that it can be happy even when free of attachment to objects (viṣaya-āsakti).

Choose the correct statements. Check all that apply.

Marks 2 (1\*2)

1. Which of the following are the basic erroneous notions inherent in the mind?

- Ahaṁ brahmāsmi
- Anātmani ātma-buddhi
- Jagati satya-buddhi
- All of the above

Map the guṇa with their effects/expressions.

Marks 3 (1\*3)

**A**

- a) Sattva
- b) Rajas
- c) Tamas

**B**

- (1) Kāma
- (2) Saṅkalpa (superimposition of joy on an object)
- (3) Kāma-vivarjita